

Water, Organic Milk, Organic Cane Sugar, Organic Black Assam Tea, Fresh Ginger, Organic Fresh Ground Spices – Cinnamon, Cloves, Black Pepper, Cardamon

Teh Alia - Singapore Ginger Milk Tea

Water, Organic Milk, Organic Black Assam Tea, Organic Sweetened Condensed Milk, Organic Cane Sugar, Fresh Ginger

Middle Eastern Lemonade

Water, Organic Lemon, Organic Cane Sugar, Singing Cedar Apiaries Honey from Orwell, Orange Blossom Water, Organic Mint

Malawian Ginger Beer

Water, Organic Cane Sugar, Molasses, Ginger, Organic Lemon, Organic Cloves, Organic Mint

Honeycomb Sour

Water, Singing Cedar Apiaries Honey from Orwell, Organic Apple Cider Vinegar

Maple Pecan Upside Down French Toast

Challah, Organic Eggs, Organic Light Cream, Pecans, Cabot Unsalted Butter, Brown Sugar, Vermont Maple Syrup, Organic Cinnamon, Organic Vanilla Extract

Pan-Seared Shrimp with Ginger-Hoisin Glaze or Garlic Lemon Butter

Shrimp, Canola Oil, Sea Salt, Organic Red Pepper Flakes, Organic Cane Sugar Ginger-Hoisin Glaze: Organic Scallions, Hoisin Sauce, Brown Rice Vinegar, Fresh Ginger, Water, Soy Sauce Garlic Lemon Butter: Cabot Unsalted Butter, Organic Parsley, Organic Lemon Juice, Organic Garlic, Sea Salt

Ho-Made Fish Cakes

Tilapia, Breadcrumbs, Mrs. Hickin's Pickles from Dummerston, Anchovy Filets, Organic Shallots, Fresh Local Eggs from Hollyhock Farm in Putney, Panko Bread Crumbs, Organic Dill, Mustard, Organic Black Pepper, Canola Oil, Olive Oil

Kebabs with Vegetable & Bean Curd

Organic Bean Curd, Organic Zucchini Squash (Green & Yellow), Organic Red Bell Peppers, Pearl Onions, Organic Grape Tomatoes, Organic Garlic, Ginger, Organic Soy Sauce, Organic Sesame Oil, Organic Brown Sugar, Dark Sesame Oil, Organic Red Pepper Flakes

Fattoush Salad

Organic Lettuce, Organic Cucumbers, Organic Tomatoes, Organic Italian Parsley, Organic Green Pepper, Feta (Optional), Pita Bread [flour, water, salt, yeast], Olive Oil, Organic Lemon Juice, Organic Garlic, Organic Granules, Organic Sumac